

Weekly House Cleaning Checklist

➤ **BEDROOMS (Includes toy room)**

- Pick up all items on the floor.
- Take laundry to laundry room (area).
- Strip the beds (and toss pillows and coverings on it to keep it off of the floor).
- Dust all furniture, shelves and artwork.
- Wipe down door knobs and light fixtures as needed.
- Sweep/Vacuum floor (make sure to shake out rugs as necessary).

➤ **BATHROOMS**

- Pick up all items and put them away.
- Dust any furniture, shelves and artwork.
- Scrub the shower/bathtub.
- Wipe down door knobs and light fixtures as needed.
- Scrub the floor (if you have carpet, wait to vacuum).
- Clean inside of toilet with brush.
- Wipe down outside of toilet (start at the top and work your way down through the seat, cleaning lid, seat rim, outside and base)
- Wipe and polish the mirror.
- Wipe down faucet, handles, counter and sink (make sure they are dry and polished to avoid spotting).
- Vacuum floor (if you have carpeting).
- Take towels, rugs and washcloths to laundry room/area.

➤ **LAUNDRY ROOM / AREA**

- Wipe down front of washer/dryer.
- Shake out rugs (as necessary).
- Dust any furniture, shelves and artwork.
- Sweep/Mop or Vacuum floor.
- Sort clothes and sheets for ease in changing loads.

➤ **FAMILY / LIVING ROOM**

- Pick up all items and put them away.
- Dust all furniture, shelves, artwork and electronics.
- Wipe down door knobs and light fixtures as needed.
- Take cushions off of sofas/chairs and vacuum.
- Sweep or Vacuum (make sure to shake out rugs).

➤ **KITCHEN**

- Clean off the countertops by putting items away and then wiping them down.
- Wipe down fronts of cabinets and drawers (as needed).
- Empty and reload the dishwasher. Wipe down the outside.
- Scrub top of stove.
- Wipe down refrigerator.
- Clean interior and exterior of the microwave.
- Dust any furniture, shelves and artwork.
- Wipe down the table and chairs.
- Sweep and mop floor.
- Launder or shake out rugs (as needed).
- Scrub sink and faucet. Make sure to dry it off so that it does not spot.

➤ **ENTRY WAY / FOYER (including stairs)**

- Put all items away.
- Dust any furniture, shelves or wall hangings.
- Wipe down door knobs and light fixtures as needed.
- Sweep and mop floor or vacuum.
- Sweep or vacuum staircase (as applicable).
- Launder or shake out rugs (as needed).