

Date: ___/___/___

M T W Th F Sa Su

To-Dos

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Today's Goals

- _____
- _____
- _____

Appointments / Events

: a/p _____


: a/p _____

: a/p _____

: a/p _____

: a/p _____

Health / Fitness

H2O  _____

Daily Tasks

- Make the Bed(s)
- Devotional/Quiet Time
- E-mail/Call Responses
- Dishes
- Tidy House
- 1-2 Loads of Laundry

Breakfast _____

Lunch _____

Dinner _____

Notes/Ideas:

Later This Week
