

AFTER SCHOOL CHECKLIST

☐ Put Away Coat and Shoes

☐ Empty Backpack

- Rinse lunch container and put in the sink
- Put water bottle by the sink
- Give Mom/Dad important papers.
- Put homework at homework station.

☐ Get Mom/Dad Approved Snack

☐ Relax / Downtime

- Play outside
- Play Games
- TV (30 minutes)
- Electronics - Ask Mom or Dad

☐ Homework / Reading Time

☐ Pack Tomorrow's Lunch

- Include fruit and veggie
- Get drink ready
- Keep in fridge until the morning

☐ Get Backpack, Coat & Shoes Ready